



# #NoMoreLimits

**Come out and hear from a panel of experts and gain valuable information on World Menstrual Hygiene Day 2019**  
**Columbus Public Library**  
**Synovus Room B**  
**May 28, 2019 from 6:00-7:00 pm**  
**All women and girls are invited!**



For more information:  
[menstrualhygieneday.org](http://menstrualhygieneday.org)

#MHDAY2019